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• 药物不良反应个案报告 •

苦碟子注射液致病人头痛眩晕 1例

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1 临床资料

患者, 男, 54 岁, 住院号 141536 因冠心病于 2007 年 6 月 15 日来我院心血管内科就诊, 医嘱给予苦碟子注射液 20 mL, qid 舒血宁注射液 10 mL, qid 首次给药给予 0.9% 氯化钠注射液 + 苦碟子注射液 (沈阳双鼎制药有限公司, 批号: 06110101) 20 mL 静脉滴注, 10 min 后患者出现轻微头痛、眩晕, 疑为滴速过快, 请示医生后减慢滴速, 15 min 后患者表述仍有眩晕感, 且不能耐受, 立即停药, 并给予吸氧治疗, 20 min 后患者眩晕感基本消失, 次日再次应用苦碟子注射液 20 mL 静滴时, 又出现头痛、眩晕, 考虑为苦碟子注射液引起, 即停止苦碟子注射液治疗。

2 讨论

苦碟子注射液是由菊科植物苦碟子 (学名抱茎苦卖菜) 制成的静脉注射液, 主要成分为腺苷类及黄酮类物质。苦碟子具有扩张脑血管, 改善循环、增强纤溶酶活性, 抑制血小板聚集, 消除氧自由基等药理作用, 广泛用于脑梗死、冠心病的治疗。药物说明书未有有关不良反应的说明, 文献报道亦少见。本例患者为冠心病病人, 入院后应用苦碟子注射液后出现头痛、眩晕。故考虑为苦碟子注射液引起, 随即停用该药, 上述症状消失; 1 d 后重复应用该药, 又发生上述情况, 停药后消失。病人头痛、眩晕与应用苦碟子注射液密切相关, 其原因有待进一步研究, 提醒应用时注意。

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